



Melissa Peck, MS, LPC

I am a Licensed Professional Counselor specializing in individual, couples and family therapy, and maintain a private practice in Northwest Arkansas. With over 20 years experience as a marriage and family therapist, and as a graduate of John Brown University specializing in Marriage and Family Therapy, I am currently serving as private practitioner at Abundant Living Counseling and Consulting working with a broad spectrum of clients. Among my areas of expertise are faith-based counseling, family of origin issues, affair recovery, divorce recovery, stepfamily issues, premarital counseling, codependency issues, abuse and trauma recovery, grief, depression and anxiety treated from a family systems perspective. I am a certified Amen Brain Health Coach.

Some of my past work experiences have included being a HeadStart mental health professional; working with homeless families and children through a transitional housing program; therapy with children, adolescents and families in residential treatment; teaching parenting, marriage and relationship classes for churches and community organizations; being a National Alliance for the Mentally Ill (NAMI) family educator and support group facilitator; reviewing and writing federal Administration for Children and Families Healthy Marriage/Responsible Fatherhood and Office of Minority Health grants for nonprofits; directing, implementing and assessing awarded proposals as Vice President of the South Baton Rouge Christian Children's Foundation; as well as providing nonprofit governance and revenue development consultation. I have four years of experience as a professor and university supervisor for Harding University's Graduate School of Education Counseling Department in Bentonville, AR.

My husband and I were in full time ministry from 1986-2005 in Kansas, Missouri and Louisiana. My family has lived in NWA since 2006, and we enjoy spending time together with our friends and church family exploring the spectacular Ozarks bike trails, lakes, food, music and art venues.