



# Privacy

## *Confidentiality and Privacy Policy*

The law protects the relationship between a client and a psychotherapist, and information cannot be disclosed without written permission.

Exceptions include:

- Suspected child abuse or dependent adult or elder abuse, for which I am required by law to report this to the appropriate authorities immediately.
- If a client is threatening serious bodily harm to another person/s, I must notify the police and inform the intended victim.
- If a client intends to harm himself or herself, I will make every effort to enlist their cooperation in ensuring their safety. If they do not cooperate, I will take further measures without their permission that are provided to me by law in order to ensure their safety.

Please do not leave confidential information through text or voicemail at 479-431-4619 or 479-790-7981, or through any of my emails

- [abundantlivingcounselingwa@gmail.com](mailto:abundantlivingcounselingwa@gmail.com) or [info@abundantlivingcounseling.com](mailto:info@abundantlivingcounseling.com) as

they are not secure and protected forms of communication. The email messaging provided by [www.therapyappointment.com](http://www.therapyappointment.com) after your first session is scheduled is HIPAA compliant and secure, and can be used safely for long distance counseling. You can access the email you gave me there by going to the link above, sign in with the username and password set up for you before your first appointment , click "find your therapist" and message me. You can see my calendar and confidentially manage your own appointments; I am immediately notified of any changes you make.